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<th>Time</th>
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<tr>
<td>7:00-17:00</td>
<td>Speaker Ready Room • Room 524C</td>
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<td>7:00-17:30</td>
<td>Registration • 517 Foyer</td>
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<td>8:00-9:00</td>
<td>RSA Network Meeting • Room 522C</td>
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<td>8:00-9:30</td>
<td>COA Paper Session: Adult Reconstruction Hip 1 • Room 524A</td>
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<td>Moderators: Gavin Wood, ON; Pascale Thibaudeau, QC</td>
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153 - 8:00
Perioperative Complications and 90-Day Mortality Rates Between General and Spinal Anesthesia Following Total Hip or Total Knee Arthroplasty: A Retrospective Matched-Cohort Study
Jonathan Bourget-Murray, AB; Rajrishi Sharma, AB; David Halpenny, AB; Saboura Mahdavi, AB

154 - 8:06
Does Surgical Approach Influence the Long-Term Patient-Reported Outcomes After Primary Total Hip Replacement: Comparison of the Three Main Surgical Approaches
Romain Galmiche, France; Stephane Poitras, ON; Johanna Dobransky, ON; Paul Kim, ON; Robert Feibl, ON; Wade Gofton, ON; Hesham Abdelbary, ON; Paul E. Beaulé, ON

155 - 8:12
Revision of Large Head Metal-on-Metal Total Hip Arthroplasty: An Algorithm to Reduce Complications
Bas A. Masri, BC; Moataz El-Husseiny, BC; Clive P. Duncan, BC; Donald Garbuz, BC

8:18 Discussion

156 - 8:27
Grinding Your New Gears: Returning to Sexual Activity Following Total Hip Arthroplasty
Tiffany Lung, ON; Rajajee Selvam, ON; Darsan Sadacharam, ON; Heather Grant, ON; Gavin Wood, ON
Thursday

157 - 8:33
Nuisance Symptoms in Total Joint Replacement: Prevalence and Impact on Patient Satisfaction
Thomas Wood, ON; Danielle Petruccelli, ON; Mitchell J. Winemaker, ON; Justin De Beer, ON

158 - 8:39
Day of Surgery Mobilization and Length of Stay After Total Joint Arthroplasty
Michael E. Forsythe, NB; Sylvia Gautreau, NB; Odette Gould, NB; Tara Mann, NB; Regan Haley, ON; Donaldo Canales, NB

8:45 Discussion

159 - 8:54
Ten-Year Risk of Complication and Mortality After Total Hip Arthroplasty in Morbidly Obese Patients: A Population Study
Mina Tohidi, ON; Steve Mann, ON; Mark M. Harrison, ON; Aaron Campbell, ON; Katherine Lajkosz, ON; Elizabeth VanDenKerkhof, ON

160 - 9:00
Comparison of Physical, Chemical and Mechanical Property Changes after Extended In Vivo Time of HXLPE Acetabular Liner Rims With Differing Free Radical Stabilization Techniques
Brent Lanting, ON; Michael Decker, US; AZM Ariful Islam, ON; Robert Klassen, ON; Mary Jane Walzak, ON; Richard W. McCalden, ON

161 - 9:06
Ten-Year Results of a Matched THR Cohort Comparingoxidized Zirconium and Cobalt-Chrome Femoral Heads on Cross-Linked Polyethylene
Brent Lanting, ON; Lyndsay Somerville, ON; Andrew Clout, ON; Steven MacDonald, ON; Douglas Naudie, ON; Richard W. McCalden, ON

162 - 9:12
Risk Factors for Prosthetic Joint Infection Following Primary Total Hip Arthroplasty: A 15-Year Population-Based Cohort Study
Anthony Bozzo, ON; Anthony Adili, ON; Kim Madden, ON

9:18 Discussion
8:00-9:30 COA Paper Session: Adult Reconstruction Knee 1
• Room 525
Moderator: Matthew Teeter, ON

163 - 8:00
Gap Imbalance Following Mechanically Aligned Total Knee Arthroplasty
Pascal-André Vendittoli, QC; William Blakeney, QC; Marc-Olivier Kiss, QC; Charles Riviere, QC; Benjamin Puliero, QC; Yann Beaulieu, QC

164 - 8:06
Hip-Knee-Ankle Angle Modification During Gait in Healthy Subjects
Yann Beaulieu, QC; Pascal-André Vendittoli, QC; Julien Clément, QC; William Blakeney, QC; Nicola Hagemeister, QC; François Desmeules, QC; Neila Mezghani, QC

165 - 8:12
Collecting Patient-Reported Outcome Measures After Total Knee Arthroplasty With a PROMIS™- Based App: Initial Feasibility Results
Cristin Taylor, US; Tim Waters, UK; Michael Ries, US; Gorav Datta, UK; Edward Davis, UK; Dinesh Nathwani, UK; Paul Sutton, UK; Alex Trahey, US; Iain McNamara, UK

8:18 Discussion

166 - 8:27
Reduced Gap Imbalances With Restricted Kinematic Alignment in Total Knee Arthroplasty
Pascal-André Vendittoli, QC; William Blakeney, QC; Marc-Olivier Kiss, QC; Benjamin Puliero, QC; Yann Beaulieu, QC

167 - 8:33
Smoking Cessation Before and After Total Joint Arthroplasty – An Uphill Battle
Adam Hart, QC; William Rainer, US; Michael Taunton, US; Tad Mabry, US; Daniel Berry, US; Matthew Abdel, US
Thursday

168 - 8:39
Revision Total Knee Arthroplasty Using a Novel 3D-Printed Titanium Augment: A Biomechanical Cadaveric Study
Charles-Antoine Dion, ON; Brent Lanting, ON; James Howard, ON; Matthew Teeter, ON; Ryan Willing, ON

8:45 Discussion

169 - 8:54
Is Topical Vancomycin an Option? A Randomized Controlled Trial to Determine the Safety of Topical Use of Vancomycin Powder in Preventing Post-Operative Infections in Total Knee Arthroplasty (TKA)
Michael Woolfrey, ON; Caralee Bolton, ON; Wesam Abuzaiter, ON; Alamgir Hallan, ON; Skylar Cartledge, ON; David Warchuk, ON

170 - 9:00
Pre-Operative Total Joint Replacement Patient Rapid S. Aureus Screening and Decolonization Protocol at Hamilton Health Sciences Juravinski Hospital: Historical Control Quality Assurance Pilot Study
Daniel Tushinski, ON; Mitchell J. Winemaker, ON; Justin De Beer, ON; Danielle Petruccelli, ON; Dominik Mertz, ON; Cheryl Main, ON; Elizabeth Piccirillo, ON

171 - 9:06
Prevalence of Metal Hypersensitivity in Primary Total Knee Arthroplasty Patients and Functional Outcomes
Josée Delisle, QC; Mohamed Benderdour, QC; Benoit Benoit, QC; Mario Giroux, QC; George Yves Laflamme, QC; Hai Nguyen, QC; Pierre Ranger, QC; Qin Shi, QC; Francis Vallières, QC; Julio Fernandes, QC

172 - 9:12
Pre-Operative Long-term Opioid Therapy Negatively Impacts Patient Outcomes After Total Knee Arthroplasty: An Analysis of Multicentre Population-Based Administrative Data
Craig Goplen, AB; Lauren Beaupre, AB; C. Allyson Jones, AB; Don Voaklander, AB; Thomas Churchill, AB; Sung Hyun Hyun Kang, AB

9:18 Discussion
73 - 8:00
Incidence of Imminent Fracture and the Subsequent Fracture Cascade After Index Fragility Fracture in Ontario, Canada
Emil H. Schemitsch, ON; Stephen M. Colgan, ON; Jonathan Adachi, ON; Natasha Burke, ON; Millicent Hume, ON; Jacques Brown, QC; David McErlain, ON

174 - 8:06
YouTube as an Educational Tool for Learning Knee Arthrocentesis: A Randomized Educational Trial
Yousef Marwan, QC; Jumanah Karim, QC; Ahmed Dawas, QC; Ali Esmaeel, Kuwait; Linda Snell, QC

175 - 8:12
The Impact of the Orthobullets Website as a Learning Tool Among Orthopaedic Surgery Residents in Two Different Residency Programs
Humaid Al Farii, QC

8:18 Discussion

176 - 8:27
Training Surgeons and the Informed Consent Discussion in Paediatric Patients: A Qualitative Study Examining Trainee Participation Disclosure
Justin Chang, ON; Kunal Bhanot, ON; Samuel Grant, UK; Annie Fecteau, ON; Mark Camp, ON

177 - 8:33
Quality Assessment of Systematic Reviews Conducted in Paediatric Orthopaedics
Emily Schaeffer, BC; Ayesha Gхото, BC; Daanish Ahmad, BC; Eva Habib, BC; Kishore Mulpuri, BC
178 - 8:39
Musculoskeletal Ultrasound Curriculum for Orthopaedic Surgery Residents
Samuel Larrivée, MB; Patricia Larouche, QC; Tomislav Jelic, MB; Robyn Rodger, MB; Jeff Leiter, MB; Peter B. MacDonald, MB

179 - 8:45
Advancing International Patient-Reported Outcome Measures (PROMs) Standards for Hip and Knee Arthroplasty
Sunita Karmakar-Hore, ON; Greg Webster, ON; Nicole de Guia, ON; Julia Di Bella, ON; Eric Bohm, MB; Niek Klazinga, France; Luke Slawomirski, France; Michael Kallen, US

8:51 Discussion

180 - 9:03
Establishing Validity of a Novel Competency-Based Orthopaedic Objective Skills and Clinical Examination (OSCE) Using Convergent and Divergent Comparators
Alexandra Bishop, NS; Megan Gillis, NS; Glen Richardson, NS; William M. Oxner, NS; Luke Gauthier, NS; Andrew Hayward, NS; R. Andrew Glennie, NS; Stephanie Scott, NS

181 - 9:09
Catheter Practices and Post-Operative Urinary Retention (POUR) in the Hip Fracture Population at a Large Tertiary Care Centre
Sruthi Thomas, ON; Steven Papp, ON; Nicole Harris, ON; Johanna Dobransky, ON; Kathleen Gartke, ON

182 - 9:15
Waste and Recycling Among Orthopaedic Subspecialties
Sahil Kooner, AB; Christopher Hewison, AB; Sarup Sridharan, AB; Justin Lui, AB; Graeme Matthewson, MB; Herman Johal, ON; Marcia Clark, AB

183 - 9:21
2018 J.A. Nutter Award Winner
Tracking Shoulder Physiotherapy with Wearable Sensors and AI
David Burns, ON
Thursday

9:27 Discussion

8:30-9:30 Journal Club Session: OrthoEvidence’s Must Read Papers of the Last Year • Room 518BC
Moderator: Mohit Bhandari, ON

Objective:
This journal club session discusses OrthoEvidence’s must read papers of the past year.

Panelists:
- Aaron Nauth, ON
- Prism Schneider, AB
- Emil H. Schemitsch, ON

9:45-10:45 Your COA In Review (Business Meeting) • Room 519A

Learn more about the COA’s current projects and initiatives, and provide input and feedback to the leadership. Attend the Your COA in Review session to meet the COA Executive Committee and staff, learn about new programs, vote on motions to move things forward, and have your voice heard.

10:45-11:15 Break - Food and Beverage for Purchase in Exhibit Hall

11:15-12:35 COA Paper Session Spine 1 • Room 525
Moderator: Philippe Phan, ON

184 - 11:15
An Updated Algorithm for Radiographic Screening of Upper Cervical Instability in Patients With Down Syndrome
Maryse Bouchard, ON; Walter Krengel, US; Jennifer Bauer, US; Viviana Bompadre, US

185 - 11:21
Utilization and Outcomes for Spine Surgery in the United States and Canada
Raja Y. Rampersaud, ON; Peter Cram, ON; Bruce E. Landon, ON; John
186 - 11:27
Intrathecal Morphine in Paediatric Spinal Deformity Surgery – A 25 Year Single Center Experience
George Thompson, US; Christina Hardesty, US; Jochen Son-Hing, US; Jason Ina, US; Paul Tripi, US; Connie Poe-Kochert, US

11:33 Discussion

187 - 11:45
Health Care Utilization and Associated Costs for Musculoskeletal Disorders in Ontario, Canada
Raja Y. Rampersaud, ON; J. Denise Power, ON; Anthony Perruccio, ON; Michael Paterson, ON; Christian Veillette, ON; Elizabeth Badley, ON; Nizar Mahomed, ON

188 - 11:51
Perioperative Psychotherapy for Persistent Post-Surgical Pain and Physical Impairment: A Meta-Analysis of Randomised Trials
Jason Busse, ON; Yaping Chang, ON; Sean Kennedy, ON; Patrick Hong, ON; Ngai Chow, ON; Rachel Couban, ON; Li Wang, ON; Randi McCabe, ON; Peter Bieling, ON

189 - 11:57
Can You Stall a Baclofen Pump During a Magnetic Rod Lengthening?
Christina Hardesty, US; Michelle Janas, US

12:03 Discussion

190 - 12:11
Surgeons and Patients Communication in the Pre-Surgical Consultation Impacts Satisfaction Following Surgery for Hip, Knee and Spine Osteoarthritis
Raja Y. Rampersaud, ON; Mayilee Canizares, ON; J. Denise Power, ON; Anthony Perruccio, ON; Rajiv Gandhi, ON; J. Rod Davey, ON; Khalid Syed, ON; Stephen J. Lewis, ON; Nizar Mahomed, ON
Thursday

191 - 12:17
Impact of Pre-Surgical Self-Reported Exercise on Post-Surgical Outcomes in Patients With Cervical Pathology
Mark Xu, MB; Michael Garth Johnson, MB; Mohammad Zarrabian, MB

192 - 12:23
The Influence of Multi-Joint Symptoms on Outcome Following Surgery for Lumbar Spine Osteoarthritis (LS-OA)
Raja Y. Rampersaud, ON; Anthony Perruccio, ON; Calvin Yip, ON; J. Denise Power, ON; Mayilee Canizares, ON; Elizabeth Badley, ON; Stephen J. Lewis, ON

12:29 Discussion

11:15-12:45 COAGS Symposium: Feeling Too Junior? Too Busy? Too Out of Touch? Debunking Myths and Addressing Challenges in Global Surgery Involvement from Residency to Retirement
• Room 524A
Moderator: Andrew Furey, NL

Objectives:
1. Inform participants about opportunities for global surgery involvement at various stages of the orthopaedic career.
2. Address myths, barriers, challenges and rewards of global health work for junior and senior surgeons.
3. Discuss challenging cases in global surgery work.
4. Update the membership briefly on the work being done by the COAGS network.

Speakers:
- Broadening Your Resident Experience: A Journey of a Thousand Miles Begins With a Single Step - Supriya Singh, ON
- Should I Be Clever and Try to Change the World, or Be Wise and Try to Change Someone’s World? - Parham Rasoulinejad, ON
- Taking on Global Surgery Mid-Career - Peter Jarzem, QC
- You Can Do Anything With the Right Team! - James Powell, AB
- National COAGS Update - Andrew Furey, NL
Thursday

11:15-13:15 COA ICL: Gender Diversity in Orthopaedics – Implicit Bias, Mentorship and Leadership • Room 518BC

Moderator: Laurie Hiemstra, AB

This session is open to all delegates. People of all genders are encouraged to attend and participate.

The session will end with 30 minutes of interactive sharing of ideas to provide practical advice for achieving success in orthopaedics (includes coffee).

Objectives:
1. The attendee will review issues specific to the lack of gender diversity in orthopaedics.
2. The attendee will understand what implicit bias is and how it exists pervasively in both males and females and how it affects diversity in orthopaedics.
3. The attendee will understand the roles in the mentor/mentee relationship.
4. The attendee will develop an understanding of the necessary skills and demands for undertaking leadership roles.
5. The attendee will discuss strategies for work-life balance and have the opportunity to receive practical advice about the challenges facing women in orthopaedics.

Speakers:
- Introduction – Gender Diversity in Canada: Where Do We Stand? Laurie Hiemstra, AB
- Unconscious/Implicit Bias – Kate Moore, ON
- Leadership – Breaking the Glass ceiling! Lucie Opatrny, QC
- Mentorship – Increasing the Pipeline for Women in Orthopaedics – Marcia Clark, AB

12:15-13:30 Lunch - Food and Beverage for Purchase in Exhibit Hall

12:30-13:30 CORS Business Meeting • Room 521

12:45-13:15 COA Global Surgery (COAGS) Committee Meeting • Room 524A
Physician burnout is now being recognized as a public health crisis. In a recent Canadian national survey of Orthopaedic attending surgeons and trainees (residents and fellows), 55% of attending surgeons and 40% of trainees screened positive for distress using validated outcome tools. This problem affects physicians and their families but also impacts health-care systems and patients.

Social Media Advisory:
The named participants in this symposium have given permission for their names and stories / images to be shared on social media.

In the spirit of respecting the privacy of colleagues from the audience who may participate at the microphone, please do not share their stories/photos linked with their names.

Thank you for making this a safe place for all participants.

Objectives:
1. Understand the prevalence and implications of physician distress within the Canadian Orthopaedic profession.
2. Learn how to identify and monitor for burnout in oneself and colleagues.
3. Learn how to support and encourage local physician health initiatives in various settings across Canada.

Panelists:
- Tosan Okoro, ON
- Alannah Husch, NL
- Ian Le, AB
- Colm McCarthy, ON

13:30-15:00 COA Symposium: Over 50 % of Canadian Orthopaedic Surgeons are in Distress: A Symposium on Trainee and Attending Surgeon Health • Room 518BC
Moderator: Carrie Kollias, Australia
Objectives:
1. To obtain a systematic approach to upper extremity neuropathic pain.
2. To distinguish cervical radiculopathy from peripheral nerve entrapment.
3. To understand the indications and limitations of nerve conduction studies.

 Speakers:
- Spine – Zhi Wang, QC
- Upper Extremity – Dominique Rouleau, QC
- Physiatrist – Gerald Wolff, ON

13:30-15:00 Symposium: Injury, Repair, and Recovery (IRR): Mobile Health and Emerging Technology in Orthopaedics • Room 519A
Moderator: Edward Harvey, QC

Objectives:
1. Discussing the current applications of mobile health and technology in orthopaedics.
2. The future and challenges of AI in medicine and orthopaedics.
3. The future of the role of technology and the role it plays in medicine as well as the challenges ahead.

 Speakers:
- Innovation in Orthopaedics and Bone Healing - Stuart B. Goodman, US
- Implantable Sensors and mHealth Applications in Orthopaedics - Edward Harvey, QC
- Medical Devices for Gait Training - Nancy Mayo, QC
- Bleeding Edge AI Applications in Orthopaedics - Mohammad Havaei, QC
- The Future of mHealth and Medical Devices in Health Care - Jean-Francois Roy, QC
13:30-15:00 COA Paper Session: Adult Reconstruction Hip 3
• Room 524A
*Moderators:* Brent Lanting, ON; Thomas Turgeon, MB

193 - 13:30
**Fifty-Six Percent of Proximal Femoral Cortical Hypertrophies After Six to 10 years with a Cementless Curved Hip Stem – A Cause for Concern?**
*Moritz M. Innmann, ON; Christian Merle, Germany; Michael W. Maier, Germany; Tobias Gotterbarm, Austria; Johannes Weishorn, Germany; Marcus R Streit, Germany; Thomas Bruckner, Germany*

194 - 13:36
**Accuracy of Intra-Operative Plain Radiographs Compared with Fluoroscopy in the Assessment of Acetabular Parameters, and the Effect of Spino-Pelvic Alignment When Performing Periacetabular Osteotomies**
*Daniel Castano, QC; George Grammatopoulos, ON; Johanna Dobransky, ON; Paul-Edgar Beaulé, ON*

195 - 13:42
**Midterm Results of a Novel, Porous-Coated Acetabular System in Patients Undergoing Primary Total Hip Replacement for Degenerative Hip Disease: A Prospective, Multicentre Study**
*Ian Wilson, BC; Trevor Gascoyne, MB; Thomas Turgeon, MB; Colin Burnell, MB*

13:48 Discussion

196 - 13:57
**Prediction Model of Acute Surgical Site Infections Post Total Hip Arthroplasty Using Pre-Operative Blood Markers**
*Amir Khoshbin, ON; Luana Melo, ON; Samantha White, ON; Hasaan Chaudhry, ON; Alexandra Stavrakis, US; Jesse Wolfstadt, ON; Sarah Ward, ON; Amit Atrey, ON; Lauren Nowak, ON*
197 - 14:03
Highly Crossed-Linked Polyethylene in THA Has Even Lower Rates of Wear After Creep has Been Eliminated: A 10-Year 4-Bearing Analysis
Amit Atrey, ON; James Wu, ON; James P. Waddell, ON; Emil H. Schemitsch, ON; Amir Khoshbin, ON; Sarah Ward, ON; Earl R. Bogoch, NS

198 - 14:09
Revision Risk Curves from the Canadian Joint Replacement Registry
Carolyn Sandoval, ON; Julia Di Bella, ON; Alina Dragan, ON; Nicole de Guia, ON; Greg Webster, ON; Michael J. Dunbar, NS; Eric Bohm, MB; Catherine Yu, ON

14:15 Discussion

199 - 14:24
Comparison of a Porous Modular Cup and a Hydroxyapatite-Coated Monoblock Cup
Pablo Slullitel, ON; Johanna Dobransky, ON; George Grammatopoulos, ON; Cheryl Kreviazuk, ON; Paul E. Beaulé, ON; J. Mark Wilkinson, UK

200 - 14:30
Comparison of Functional Outcome Scores in Patients Using SSRI to Patients Without SSRI Following Total Knee and Hip Arthroplasty
Asif Parkar, AB; James Powell, AB; Pamela Railton, AB; Hoa Khong, AB; Fahimeh Moradi, AB; Christopher Smith, AB

201 - 14:36
Wear and Migration of a Dual Mobility Cup Over Three Years in Total Hip Arthroplasty
Elise Laende, NS; Michael J. Dunbar, NS; Glen Richardson, NS

202 - 14:42
Long-Term Results of Tripolar Constrained Total Hip Arthroplasty: A Minimum Follow-Up of 10 Years
Bas A. Masri, BC; Moataz El-Husseiny, BC; Clive P. Duncan, BC; Donald Garbuz, BC
Thursday

14:48 Discussion

14:30-15:30 Poster Session with Coffee • Exhibit Hall, Room 516

15:00-15:50 CORA Board Meeting • 522C

15:30-17:00 Canadian Shoulder and Elbow Society (CSES) Research Meeting • Room 525

15:30-17:00 Intimate Partner Violence (IPV) Champion Training Workshop: The EDUCATE Program • Room 524A

Moderator: Sheila Sprague, ON

Previous research has found that 1 out of every 6 female fracture clinic patients has experienced intimate partner violence within the previous 12 months. The EDUCATE program was developed by Drs. Sheila Sprague and Mohit Bhandari and their team of investigators with the purpose of providing orthopaedic surgeons and health-care providers working in fracture clinics with the knowledge and skills to allow them to comfortably identify and assist women who are victims of intimate partner violence. Providing this assistance will help fracture clinics to improve the lives of women victimized by intimate partner violence and reduce the risk of orthopaedic injuries sustained from abuse. The EDUCATE program is delivered to fracture clinics using a train-the-trainer model. To bring the EDUCATE program to a fracture clinic, one or more individuals from the fracture clinic must volunteer to serve as a local champion. This workshop will provide prospective champions with specialized training to enable them to deliver the EDUCATE program to their fracture clinic team. This workshop will also be open to anyone interested in learning more about how to manage IPV in the fracture clinic.

Objectives:

1. To provide attendees with the knowledge required to deliver the EDUCATE intimate partner violence training program to individuals at their fracture clinic.
2. To provide information to attendees about how to successfully identify and assist victims of intimate partner violence within their clinical practice.
Thursday

Workshop Instructors:
- Sheila Sprague, ON
- Taryn Scott, ON
- Diana Tikasz, ON

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<th>16:00-17:30 COA Resident ICL: Sports-Related Injuries - Prevention, Treatment and Ethical Dilemmas • Room 519A</th>
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<td><em>Moderators:</em> Andrew Adamczyk, ON; Alexandra Bishop, NS; Marcia Clark, AB</td>
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Objectives:
1. Describing the new generation of athlete: have injury patterns changed?
2. Addressing over training and burnout.
3. Top Three sports injuries and what we can do to prevent them.
4. Concussions and appropriate institution of protocols.
5. Dealing with outside pressure (parents, teams, agents).
6. Staying out of legal trouble when it comes to high profile athletes.

Speakers:
- The New Generation of Athlete: Has this Changed our Approach to Sports Injuries? J Pollock, ON
- Evolution of the Athlete from High School to the Pros: Does this Change Treatment and Management? Peter MacDonald, MB
- Ethics in Sport – What Role does the Orthopaedic Surgeon Play? Stephen French, AB
Female undergraduate and medical students gain early exposure to orthopaedics, role models, and leaders in the specialty through an interactive information session.

**Objective:** Contribute to increasing the number of women applying for orthopaedic residency positions through earlier and more comprehensive exposure to the specialty, and to women mentors and role models.

**Speakers:**
- The Residency Experience: From CaRMS Match to Senior Resident - Magdalena Tarchala, QC
- Making Your Own Rules – Sophie Mottard, QC
- "Nice Girls Don't Do Ortho" – Monika Volesky, QC
- Leadership in the University Setting – Michèle Angers, QC